FEEL THE BEAT

Chorégraphe : Chris Watson
Description : Country Line Dance - 32 comptes - 4 murs
Niveau : Débutant
Musique : Feel The Beat / Ashleigh DALLAS

Intro : 32 comptes

1-8    STOMP, HEEL BOUNCE X 3, ROCKING CHAIR
1-4    Stomp R foot forward, bounce heels 3 times taking weight onto R
5-8    Rock forward onto L, rock weight back to center, Rock/step back onto L and rock weight to R

9-16   WALK L,R,L, KICK R, DIAGONAL STEPS BACK
1-4    Walk forward L,R,L and kick R foot forward, while clapping hands
5-8    Step R foot back to R diagonal, touch L together and clap, Step L foot back to L diagonal, touch R together with L and clap hands.

17-24  VINE RIGHT, VINE LEFT ¼ TURN SCUFF
1-4    Step R to R side, step L behind R, step R to R side and touch L together.
5-8    Step L to L side, Step R behind L, ¼ turn L stepping forward onto L and scuff right forward 09:00

25-32  ROCKING CHAIR, 2 ½ PIVOTS
1-4    Rock forward onto R foot, replace weight onto L, rock / step back onto R and forward onto L
5-8    Step R foot forward pivot ½ turn over L shoulder take weight onto R, repeat.

Restart

Tag : At the end of wall 10 facing 6 o’Clock Wall - Repeat the last 8 counts then restart the dance
1-4    Rock forward onto R foot, replace weight onto L, rock / step back onto R and forward onto L
5-8    Step R foot forward pivot ½ turn over L shoulder take weight onto R, repeat.

Ending : at the end of the dance add an extra ½ pivot to bring you to the front.

Reprendre en vous amusant ! ! ! ! Soyez « Funny »