



# KEEP UP COUNTRY GIRL

**Chorégraphe :** Géraldine PORZIO, Pascal QUIEVY, Maryse DUPONT & Patrick DUPONT  
**Description :** Country Line Dance - 48 comptes - 4 murs - 1 Final  
**Niveau :** Intermédiaire  
**Musique :** Keep up / RAELYNN  
Cool Drink of Water / BROOKS & DUNN

**Intro : 24 comptes**

## 1-8 SIDE, BEHIND & HEEL & CROSS (R + L)

1-2 Step R side, Cross L behind R  
&3&4 Step R side & Touch L (diag.) forward, Step L beside R & Cross R over L  
5-6 Step L side, Cross R behind L  
&7&8 Step L side & Touch R (diag.) forward, Step R beside L & Cross L over R

## 9-16 ROCK R, SHUFFLE BACK R 1/2 TURN R, STEP L, 1/2 TURN R, SHUFFLE BACK L 1/2 TURN R

1-2 Rock R forward, Recover onto L  
3&4 1/4 Turn right stepping R side, Step L beside R, 1/4 Turn right stepping R forward 06:00  
5-6 Step L forward, 1/2 Turn right (Weight to R) 12:00  
7&8 1/4 Turn R stepping L side, Step R beside L, 1/4 Turn R stepping L back 06:00

## 17-24 MOVING BACKWARDS (OUT-OUT, IN-IN, OUT-OUT, IN-CROSS), UNWIND 1/2 R, KICK R, COASTER STEP R

&1&2 Step Out R & Step Out L (shoulder width), Step In R & Step L beside R  
&3&4 Step Out R & Step Out L (shoulder width), Step In R & Cross L over R

**Moving slightly backwards on the above 4 counts –**

**(Option: 1\* Jump Apart, 2\* Jump Together, 3\* Jump Apart, 4\* Jump Together Crossing L over R)**

5-6 Unwind 1/2 Turn R (Weight on L), Kick R slightly forward 12:00  
7&8 Step R back, Step L beside R & Step R forward

## 25-32 SHUFFLE L, STEP R, 1/2 TURN L, SHUFFLE R 1/2 TURN L, SAILOR POINT 1/4 TURN L

1&2 Step L forward, Step R beside L & Step L forward  
3-4 Step R forward, 1/2 Turn L (Weight to LF) 06:00  
5&6 1/4 Turn L stepping R side, Step L beside R, 1/4 Turn L Stepping R back 12:00

**\* Finish (Keep Up) in Round 7 (see below)**

7&8&Cross L behind R, 1/4 Turn L stepping R side & Point (or Kick) L side, Step L beside R 09:00

## 33-40 POINT (R + L), HEEL (R + L), DOROTHY STEP (R + L)

1&2& Point (or Kick) R side, Step R beside L, Point (or Kick) L side, Step L beside R  
3&4& Touch R Heel forward, Step R beside L, Touch L Heel forward, Step L beside R  
5-6& Step R forward, Lock L behind R, Step R forward  
7-8& Step L forward, Lock R behind L, Step L forward

# KEEP UP COUNTRY GIRL (suite)

## 41-48 JAZZBOX R, STEP L, ROCK TOE & STEP (R + L)

1-4 Cross R over L, Step L back, Step R Side, Step L slightly forward

5&6 Rock R Toe forward, Recover onto Left & Step R forward

7&8 Rock L Toe forward, Recover onto R & Step L forward

**Reprendre en vous amusant ! ! ! ! Soyez « Funny »**