



# LIFE IS A RODEO

**Chorégraphe :** Dan ALBRO  
**Description :** Country Line Dance - 32 comptes - 4 murs  
**Niveau :** Débutant  
**Musique :** Life is a rodeo / Mr JAY, James LANN & Davide BANNING

**Intro :** 32 comptes

## **1-8 CROSS, TOUCH, CROSS, TOUCH, CROSS, BACK, SIDE, CROSS (Figure Eight)**

1-2 Cross step R over L, touch L toe side,  
3-4 Cross step L over R, touch R toe side  
5-6 Cross step R over L, step back L,  
7-8 Step angle back R, cross step L over R 12:00

## **9-16 SHUFFLE SIDE, ROCK, REPLACE, ¼ TURN, ½ TURN, ¼ SHUFFLE SIDE**

1&2 Step side R, step L next to R,  
3-4 Step side R, Rock back L, replace weight on R  
5-6 Turn ¼ right stepping back on L, turn ½ right stepping fwd R  
7&8 Turn ¼ right stepping side L, step R next to L, step side L 12:00

## **17-24 ROCK, REPLACE, KICK, BALL, CROSS, STEP SIDE, BUMP, BUMP, KICK**

1-2 Cross rock R behind L, replace weight on L  
3&4 Kick R angle fwd, step back on ball of R, cross step L over R  
5-8 Step side R, bump hips R, bump hips R, kick R fwd 12:00

## **25-32 BACK, TOUCH(CLAP), BACK, TOUCH(CLAP), STEP ¼ PIVOT, STEP ½ PIVOT**

1-2 Step back R, touch L next to R (clap hands)  
3-4 Step back L, touch R next to L (clap hands)  
5-8 Step fwd R, pivot ¼ left (weight L), step fwd R, pivot ½ left (weight L) 03:00

### **Fun Options during the Chorus**

1-4 "Flying High" Raise arms up  
9-11 "Pick Yourself Up" Lower arms than raise them  
22-24 "Dust Yourself Off" Right hand brushes left arm twice than right knee  
29-32 "Life is a Rodeo" Raise right hand and make a circle motion (Lasso)

**Reprendre en vous amusant ! ! ! ! Soyez « Funny »**