



STAY STRONG

Chorégraphe : Alison BIGGS & Peter METELNICK
Description : Country Line Dance - 32 comptes - 4 murs - 1 Tag/ Restart - 1 Final
Niveau : Novice
Musique : I'm Not Going Home / JESS & THE BANDITS

Intro : 8 comptes

1-8 R BOX FWD, L BOX BACK, R CHASSE, L COASTER STEP

1&2 Step R side, step L together, step R forward
3&4 Step L side, step R together, step L back
5&6 Step R side, step L together, step R side
7&8 Step L back, step R together, step L forward

9-16 R/L HEEL SWITCHES, R/L TURNING TOE SWITCHES, R/L HEEL SWITCHES, R KICK BALL STEP

1&2& Touch R heel forward, step R together, touch L heel forward, step L together
3&4 Touch R toe together, turning ¼ right step R side, touch L toe together (3 o'clock)
&5&6 Turning ¼ right step L back, touch R heel forward, step R together, touch L heel forward (6 o'clock)
&7&8 Step L together, kick R forward, step R back, step L forward

Ending : To end facing front wall, turn ¼ R and cross step R over L & hold.

17-24 R FWD, ¼ R PADDLE TURN, ¼ R PADDLE TURN, L FWD SHUFFLE, R FWD, ¼ L PIVOT TURN, R CROSS OVER, L SIDE

1-3 Step R forward, turning ¼ right on R foot point L side (9 o'clock), turning ¼ right on R foot point L side (12 o'clock)

Tag/Restart : During wall 3 Add 1 count Tag – step L forward, and Restart the dance facing back wall.

4&5 Step L forward, step R together, step L forward
6&7 Step R forward, pivot ¼ left, cross step R over L (9 o'clock)
8 Step L side

25-32 R BEHIND-SIDE-CROSS, L ROCK/RECOVER, L CROSS OVER, R CHASSE, L BEHIND-SIDE-CROSS

1&2 Cross step R behind L, step L side, cross step R over L
3&4 Rock L side, recover weight on R, cross step L over R
5&6 Step R side, step L together, step R side
7&8 Cross step L behind R, step R side, cross step L over R

Reprendre en vous amusant ! ! ! ! Soyez « Funny »