



SUNRISE

Chorégraphe : Esmeralda Van de POL
Description : Country Line Dance - 64 comptes - 2 murs - 1 Restart
Niveau : Novice
Musique : Sunrise / Dolly SYLE

Intro : 32 comptes

1-8 FWD ROCK, COASTER CROSS, SIDE TOUCH, CHASSE R

1-2 Rock RF fwd, Recover weight on LF
3&4 Step RF back, Step LF next to RF, Cross RF over LF
5-6 Step LF to L side, Touch RF next to LF
7&8 Step RF to R side, Step LF next to RF, Step RF to R side

9-16 CROSS, SIDE, BEHIND-SIDE-CROSS, SIDE ROCK, CROSS SHUFFLE

1-2 Cross LF over RF, Step RF to R side
3&4 Step LF behind RF, Step RF to R side, Cross LF over RF
5-6 Rock RF to R side, Recover weight on LF
7&8 Cross RF over LF, Step LF to L side, Cross RF over

17-24 LF WEAVE L, ¼ TURN R, ¼ TURN R, L CROSS SHUFFLE

1-2 Step LF to L side, Step RF behind LF
3-4 Step LF to L side, Cross RF over LF
5-6 ¼ turn R-Step LF back, 1/4 turn R-step RF to R side
7&8 Cross LF over RF, Step RF to R side, Cross LF over

25-32 RF SIDE ROCK, CROSSs, SIDE, KICKBALL STEP X2

1-2 Rock RF to R side, Recover weight on LF
3-4 Cross RF over LF, Step LF to L side
5&6 Kick RF diagonal fwd, Step RF next to LF, Step LF to L side
7&8 Kick RF diagonal fwd, Step RF next to LF, Step LF to L side

33-40 CROSS ROCK, CHASSE ¼ TURN R, PIVOT ¼ TURN R, L SHUFFLE FWD

1-2 Rock RF across LF, Recover weight on LF
3&4 Step RF to R side, Step LF next to RF, ¼ turn R-step RF fwd
5-6 Step LF fwd, ¼ turn R-weight on RF
7&8 Step LF fwd, Step RF next to LF, Step LF fwd

41-48 WALK FWD, MAMBO FWD, WALK BACK, COASTER STEP

1-2 Step RF fwd, Step LF fwd
3&4 Rock RF fwd, Recover weight on LF, Step RF back
5-6 Step LF back, Step RF back
7&8 Step LF back, Step RF next to LF, Step LF fwd

Restart ici au 3^{ème} mur

SUNRISE (suite)

49-56 ROCKING CHAIR, PIVOT ½ TURN L, L SHUFFLE FWD

- 1-2 Rock RF fwd, Recover weight on LF
- 3-4 Rock RF back, Recover weight on RF
- 5-6 Step LF fwd, ½ turn L - weight on RF
- 7&8 Step LF fwd, Step RF next to LF, Sep LF fwd

57-64 CROSS ROCK, SIDE ROCK, BACK SWEEP, BACK ROCK

- 1-2 Rock LF across RF, Recover weight on RF
- 3-4 Rock LF to L side, Recover weight on RF
- 5-6 Step LF back, Sweep RF to back
- 7-8 Rock Back on RF, Recover weight on LF

Reprendre en vous amusant ! ! ! ! Soyez « Funny »