



BE YOUR NUMBER 1

Chorégraphe : Rudy HONING
Description : Country Line Dance - 32 comptes – 4 murs – 1 Stepchange & Restart
Niveau : Débutant
Musique : The Tide is High / Billie PIPER

Intro : 16 comptes

1-8 WALK R/L FORWARD, MAMBO R FORWARD, SHUFFLE L BACK, ½ TURN R, WALK L/R FORWARD

- 1-2 Step RF Forward, Step LF Forward
- 3&4 Step RF forward, Weight back on LF, Step RF back
- 5&6 Step LF Back, Step RF next LF, Step LF back
- &7-8 Turn ½ to the right on RF, Step LF forward, Step RF forward

Stepchange & Restart Wall 4 :

Dance Section 1 Till count 7 - Count 8 : Touch R toe next LF & Restart

9-16 SHUFFLE L FORWARD, MAMBO R FORWARD, BACK, SIDE WITH ¼ TURN R, CROSS SHUFFLE L

- 1&2 Step LF forward, Step RF next LF, Step LF forward
- 3&4 Step RF forward, Weight back on LF, Step RF back
- 5-6 Step RF back, Make ¼ to the right, Step RF to the right
- 7&8 Step LF across RF, Step RF to the side, Step LF across RF

17-24 SIDE ROCK R, BEHIND-SIDE-CROSS, SIDE ROCK L, SAILORSTEP ¼ TURN L

- 1-2 Step RF to the right side, Weight back on LF
- 3&4 Step RF behind LF, Step LF to the left side, Step RF across LF
- 5-6 Step LF to the left side, Weight back on RF
- 7&8 LF cross behind RF, 1/4 turn L with RF beside LF, LF forward

25-32 PIVOT ½ TURN L, SHUFFLE R FORWARD, ¾ TURN R, SHUFFLE L FORWARD

- 1-2 Step RF forward, Turn ½ to the Left
- 3&4 Step RF forward, Step LF next RF, Step RF forward
- 5-6 Make ¼ Turn to the right, Step LF to the left, Make ½ to the right, Step on RF
- 7&8 Step LF forward, Step RF next LF, Step LF forward

Reprendre en vous amusant ! ! ! ! Soyez « Funny »